



Yoga Holidays
in Valencia

The W.A.Y. Yoga Holiday

Boutique Yoga Holidays in Valencia

Wine • Adventure • Yoga

Small Groups | Maximum 6 Guests



Escape to the Mediterranean

Imagine waking up to blue skies, practising yoga in a peaceful home surrounded by gardens before spending your days discovering hidden places authentic restaurants and the beauty of Valencia.

Whether you're travelling with friends or coming solo, every holiday is carefully designed to help you relax, reconnect and enjoy life.

Your Boutique Stay

- ✓ Beautiful private villa
- ✓ Swimming pool
- ✓ Yoga studio
- ✓ Daily breakfast
- ✓ Airport transfers
- ✓ Small groups (maximum 6)
- ✓ Personal recommendations
- ✓ Tailor-made experiences



Choose Your Escape

2 Night Yoga Escape

£475
per person

Perfect for a refreshing long weekend.

- 2 nights accommodation
- 2 Morning Yoga classes
- Daily breakfast
- Evening Yin Yoga or Meditation
- Welcome tapas dinner
- Albufera excursion
- Traditional Paella
- Airport transfers

3 Night Yoga Holiday

From £625
per person

Everything above plus:

- 3 nights accommodation
- 3 Morning Yoga classes
- Daily breakfast
- 2 Evening Yin or Meditation
- Guided Valencia Old Town walk
- Tapas evening
- Traditional Paella
- Albufera Excursion
- Airport transfers

7 Night Signature Holiday

From £1,195
per person

A complete wellness holiday.

- 7 nights accommodation
- 6 Morning Yoga classes
- Daily breakfast
- 3 Evening Yin or Meditation
- Valencia Highlights
- Albufera & Paella
- Beach day
- City of Arts & Sciences
- Tailor-made itinerary
- Airport transfers

Tailor Your Experience

Reiki Healing

Akashic Records Reading

Private Yoga

Wine Tasting

Cooking Class

Guided tours

Cycling

Hiking

Beach Days

Markets

Massage

Gong Bath



A Taste of Valencia

The W.A.Y. Holiday isn't only about yoga.
It's about slowing down, enjoying incredible food, sharing unforgettable
moments and discovering the real Valencia.



Every Holiday is Different

No two groups are the same. Some come to completely unwind.

Others want adventure. Some celebrate birthdays.

Others simply want quality time together.

Every itinerary is personalised around your group.



Hosted Yoga Holiday Weeks

Join Our 2027 Signature Weeks

SPRING ESCAPE

28 April - 5 May 2027

Maximum 6 Guests

AUTUMN ESCAPE

12 - 19 September 2027

Maximum 6 Guests

Perfect for anyone who would like to join a beautifully organised yoga holiday.
Come on your own or bring a friend, partner or family member.

✓ Boutique accommodation

✓ Daily yoga

✓ Authentic Valencia
experiences

✓ Airport transfers

Reserve Your Place



Ready to Escape?

Book Your Dates

Yoga with Esme

Valencia • Spain

Maximum 6 Guests

